

# **ESSIC Online Masterclass**

1 Dec 2021 - 31 December 2022

Scientific Director: Jean-Jeacques Wyndaele

You are cordially invited to participate in the first online masterclass of the International Society for the study of Bladder Pain Syndrome.

During 4 sessions top level teachers will take you through the actual knowledge of this puzzling and devastating disease. By the end of the course you will have gained a clear image of when to suspect BPS/IC, how to properly diagnose it, including typologie, and the best existing ways for treatment. Social aspects, patient's perspective and psychological consequences will be discussed.

To evaluate your knowledge a list of questions multiple choice will be available. Best regards

Jean Jacques Wyndaele – Chair of ESSIC Education Committee and Past President of ESSIC Mauro Cervigni – ESSIC President

#### **ESSIC EXECUTIVE COMMITTEE**

Mauro Cervigni, President (Rome, Italy) Jean-Jacques Wyndaele, Past President (Antwerp, Belgium) Roberto Moldwin, Vice President, (New York, USA) Natalia Trotta, Observer PCO (Italy)

#### **ESSIC BOARD**

Philip Hanno (Palo Alto, USA) Choo Myung-Soo (Korea) Klaus Riedl (Vienna, Austria) Tomohiro Ueda (Kyoto, Japan) Anna Padoa (Tel Aviv, Israel) Rajesh Taneja (New Delhi, India)

Andrew Zaitcev (Moscow, Russia)

# SCIENTIFIC PROGRAMME VIDEO PRESENTATIONS AND RECORDED WEBINARS

Welcome and practical information	J.J. Wyndaele, M. Cervigni
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# Session 1 | Definitions, epidemiology, pathophysiology

### Session chair: P. Hanno

Historical perspective, definitions and typology	P. Hanno	20'
Epidemiology	M. Cervigni	20'
Pathophysiology (Bladder wall, Molecular Biology, GAG Layer,	J.J. Wyndaele	20'
neurological aspects, associated syndromes)  Recorded Webinar 1		40'
Q&A, comments and discussion Chair: P. Hanno		
Faculty: M. Cervigni, P. Hanno, J.J. Wyndaele		

# Session 2 | Clinical picture and diagnosis

### Part 1 | Session chair: M. Cervigni

Symptoms & Questionnaires, Clinical evaluation, differential	R. Moldwin	30'
diagnosis,		
Urodynamics	C. Riedl	20'
Biomarkers	A. Giannantoni	15'
Recorded Webinar 2 Diagnosis part 1 Chair: M. Cervigni Faculty: Y. Logadottir, R. Moldwin, C. Riedl		40′

# Part 2 | Session chair: R. Taneja

Cystoscopy/Hydrodistension	A. Zaitcev	20′
Biopsies, histopathology	M. Cervigni, G.	30′
	Caruso	
Pelvic floor dysfunctions	A. Padoa	10′
Sexuality, psychosocial aspects	K. Whitmore	10'
Recorded Webinar 3		40'
Diagnosis part 2		
Chair: R. Taneja		
Faculty: M. Cervigni, A. Padoa, K. Whitmore, A. Zaitcev		

### Session 3 | Treatment

#### Part 1 | Session chair: J.J. Wyndaele

Intravesical and oral treatment directed at bladder	M. Cervigni	25'
Hydrodistension, transurethral resection and other ablative	R Taneja	20'
techniques		
Botulinum toxin , neuromodulation	M. Cervigni	20'
Surgery (augmentation, diversion, cystectomy)	R. Moldwin	20'
Recorded Webinar 4		40'
Treatment 1		
Chair: J.J. Wyndaele		
Faculty: M. Cervigni, R. Moldwin, R. Taneja		
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### Part 2 | Session chair: T. Ueda

Complementary and new treatments under research,	D. Janssen	25'
Physiotherapy , Psychology		
Diet and lifestyle adaptation	L. Nasta	15'
Pain management	T Ueda	15'
Recorded Webinar 5		40'
Treatment 2		
Chair: T. Ueda		
Faculty: D. Janssen, L. Nasta, T. Ueda		

#### **Recorded Webinar 6**

#### All aspects

### Chair: J.J. Wyndaele

Patient perspective and patient organisations	J Meijlink	15′
Q/A	M Cervigni	30 '
Correct answers to question list	JJ Wyndaele	20'

# Faculty

Caruso Gianluca, Italy
Cervigni Mauro, Italy
Padoa Aanna, Israel
Giannantoni Antonella, Italy
Riedl Claus, Austria
Hanno Philip, USA
Taneja Rajesh, India
Janssen Dick, The Netherlands
Ueda Tomohiro, Japan
Logadottir Yr, Sweden
Whitmore Kristene, USA
Meijlink Jane, The Netherlands
Wyndaele Jean-Jacques, Belgium

Moldwin Robert, USA Zaitcev Andrew, Russia

#### **GENERAL INFORMATION**

# EACCME ACCREDITATION | CME CREDITS FOR HEALTHCARE PROFESSIONALS LIVE WEBINARS

Event Reference Number: ELM20-A00211

The programme has been submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for CME accreditation. 1 credit per CME hour

#### **LANGUAGE**

The official language of the Live Webinars and E-learning pre-recorded materials will be English. However, the e-learning platform supporting the entire scientific programme is a multi-language tool which allows full personalisation of the user profile and dashboard, including the possibility to change the main menus in 50 different languages.

#### **REGISTRATIONS**

Register online at www.essic.org or www.defoe.it

#### **REGISTRATION COSTS**

MD, MhD	€ 50,00
MD, MhD – ESSIC Members	Free of Charge
Nurse, Care Workers, Students & Residents, Patients	€ 30,00

<sup>\*</sup>Fee is intended per person, in Euros, VAT free. The registration fee includes: release of credentials to enter e-learning platform, attendance to 6 recorded webinars, access to e-learning material until 31 Dec 2022, certificate of attendance, CME credits. For group registration, please contact the Organizing Secretariat in order to take advantage of group registration packages.

